

- *3 Training for women of pre- and post-menopausal ages.
- *4 An annual survey of all employees, including a survey of their attitudes toward post-health checkups, health management, and health literacy.
- *5 Paid leave that can be used for infertility treatment, gynecological treatment, etc., including menstrual periods.

*9 Measured by the Utrecht Work Engagement Scale (super shortening version) questions on vitality, enthusiasm, and immersion

- *6 A system in which the head of the department, the human resources department, and industrial physicians work together to follow up on employees from the time they leave work due to injury or illness until they return to work.
- *7 Measured by number of days absent from work due to ill health
- *8 Measured by SPQ (Single-Item Presenteeism Question, University of Tokyo, one-item version)